

## ENDOWMENT

- 1x — Unit LogiSTIM® EM-19M
- 2x — Wires for electrodes connection
- 4x — Self-adhering electrodes 50x50 mm with connector 2 mm socket type.
- 2x — Batteries type AA1.5 V (LR6)
- 1x — Instructions booklet
- 1x — Bag with compartments



## WARNINGS!

Carefully read the warnings and the instructions for use. The unit cannot be used: - on patients with cardiac pacemakers; - on pregnant women - on areas affected by inflammatory processes.

## TECHNICAL SPECIFICATIONS

**Supply:** 2 alkaline batteries 1,5 V type AA (LR6);

**Output:** 100 mApp over 1000 Ohm load (using 200  $\mu$ S pulse-width)

**Pulse width:** From 50 $\mu$ S to 400 $\mu$ S adjustable in steps of 50  $\mu$ S

**Frequency:** from 1Hz to 110Hz (1-2-3-4-5-10-12-14-16-18-20-25-30-35-40-45-50-60-70-80-90-100-110).

**Wave shape:**

- Bi-phasic symmetrical pulses
- Bi-phasic alternated pulses.

**Treatment timer:** Continuous, 10min, 20 min, 30min, 45min, 60min, 90min.

**ACTION/REST time:** From 1 to 40 s, adjustable in steps of 1 s.

**RAMP time:** From 1 to 5 s, adjustable in steps of 1 sec.

**Dimensions:**

100mm x 65mm x 35mm.

**Weight:**

150 g. including batteries

# LogiSTIM® EM-19M

The “logic” evolution of electrical stimulation.



Personal electrical stimulation unit, useful complement for fitness, sport, and rehab.



# Decide your goal, then let LogiSTIM® EM-19M working for you.

Personal electrical stimulation unit,  
specific for muscle conditioning treatments, complementary for sport, fitness or rehabilitation,  
with friendly graphic set-up of the area to be treated  
and the right electrodes position shown on the display.

- **Direct selection of the area to be treated**
- **Best electrodes positioning, automatically shown on the display**
- **Function IntelliSTIM® with automatic interactive parameters adjustment**
- **Any parameters shown, adjustable in real time, during the session.**
- **Automatic selection of the wave-shape, according to the area**
- **10 free editable programs (M)**
- **10 programs NMS in memory (P)**

## 1 Select the treatment's aim

- P10 - WARM-UP
- P11 - AEROBIC RESISTANCE
- P12 - TONE-UP
- P13 - HARDENING
- P14 - RESISTANT FORCE
- P15 - FORCE 1
- P16 - FORCE 2
- P17 - FAST FORCE
- P18 - EXPLOSIVE FORCE
- P19 - PROGRESSIVE RECUPERATION

## 2 Decide the muscle to treat

PECTORALS — BICEPS — ABDOMINALS — OBLIQUI  
QUADRICEPS — TRICEPS — BIG DORSAL — SPINAL  
MUSCLES — GLUTEI — HAMSTRINGS — CALVES —  
DELTOID

## 3 Adjust the stimulation intensity

That is what the user of LogiSTIM® EM-19M is asked to do.  
Every parameter will be AUTOMATICALLY set and, on the  
screen, the right position of electrodes will be shown.



### The symbol



tells the user that the automatic set-up system IntelliSTIM® is working. If, a time-based parameter (action, rest), of an editable program (M type) normally automatically, controlled, will be changed, such symbol will disappear. To restore the regular values, simply press the small button "RESET", beside the ON/OFF button.

